

# Threads n Scissors

Enjoy Your Inspiration!!!

## Rug Mugs



Method

### Materials

**Cutaway stabilizer**

**Plain cotton fabric**

**Thin Batting**

**Temporary Adhesive  
Spray**

**Embroidery Thread**

Hoop 1 piece of cutaway stabilizer. Stitch the first color. Remove hoop from the machine. Lightly spray the embroidered area with adhesive spray. Place a piece of batting over the embroidered area. Spray the batting. Place a piece of fabric over the batting. Stitch the rest of the design until 2 colors remain.

Don't stitch these.



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Remove hoop from the machine. Turn the hoop over so the back side faces up. Spray with adhesive spray. Place a piece of cotton fabric onto the area. Return hoop to the machine and stitch the second to last color. Remove hoop from the machine and trim away excess fabric from both sides of the hoop. Return hoop to the machine and stitch the last color. Cut the design out of the stabilizer.



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