

## Machine Yarn Couching

## **IMPORTANT: PLEASE READ**

These designs are made to be used with a Freemotion Yarn Couching Foot. Please check with your dealer regarding this foot for your machine.

I own a Bernina Artista and use the #43 foot

The designs are smaller than a regular design. Be sure to use a large hoop for these designs. The Yarn Couching Foot is LARGER than a normal embroidery foot and needs the extra space not to hit into the hoop.

Before starting any Yarn Couching Design, snap the Yarn Couching Foot firmly into place, put your hoop into the machine and LIFT the pressure foot. Check the design or Trace the design to be sure that the foot won't hit the embroidery hoop when stitching. When you are sure all is right, you may start stitching your designs.

Follow these Instructions to continue with the stitching of your design.

Hoop either 2 layers of water soluble stabilizer OR 1 layer of cutaway stabilizer with your fabric. Using a normal embroidery foot, stitch out the design leaving the last color. Some of the Designs may have the same color used two or three times at the end. Don't stitch these yet. These are color stops used for the yarn or cording. The next step will explain about stitching these out.



## **Materials**

Stabilizer:
Either two layers of water soluble
OR
I layer of cutaway

Freemotion Yarn Couching Foot

2mm diameter yarn or cording to be used with foot

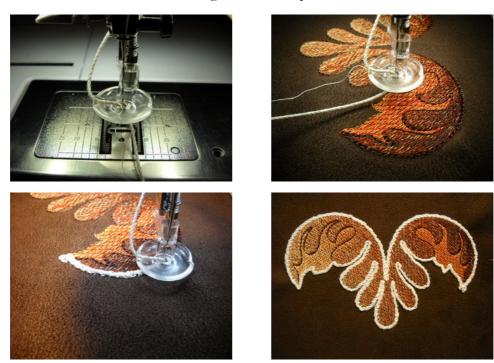
Fabric of choice, I used suede type fabric

**Embroidery thread** 

No 80 embroidery needle or needle recommended to be used with couching foot



Snap on the Freemotion Yarn Couching Foot and pull through the yarn according to the instructions given for the foot. Put your machine's speed to low. Start the last color. I used a matching color to the yarn or cording but you can use any color if you want the stitching to be visible. Stitch the first few stitches, stop the machine and trim the cording. Continue stitching. Some of the designs have color stops at this point. Stitch the first color stop. Trim the yarn or cording and then continue on to the next color stop. Finish stitching the color stops.



Enjoy Your Inspiration!!!