



Threads n Scissors

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Flip-n-Stitch Block 4

Flip-n-Stitch is a great way to create Quiltblocks that look as though they have been done in the traditional method but only done in half the time!!!

It is also a great way to use up left over bits of fabric in your fabric stash.

Each block has it's own diagram to follow. The technique remains the same.

The design shows multiple colors. These are for the color stops. Simply use one color thread throughout the design

Method

Hoop one layer of cutaway stabilizer. Stitch the first color. Cut a square piece of batting larger than the stitched area and place the batting over the stitched area. Stitch the second color. This holds the batting in place while you work.

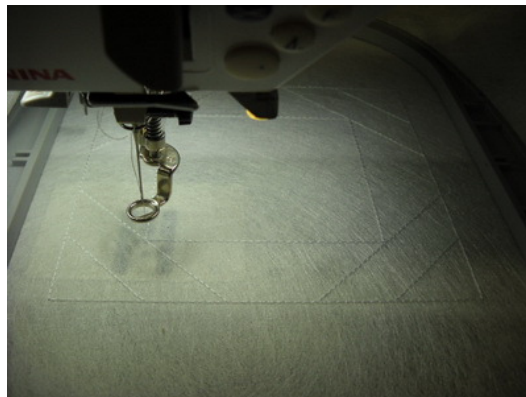
Materials

Cutaway Stabilizer

Thin batting

**Pieces of cotton
printed fabric**

Thread

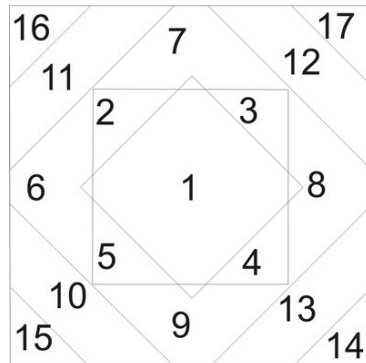


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Stitch the third color. This will be piece 1 on the diagram. The diagram shows the order the fabrics are sewn together.



Place a piece of fabric on stitched center (piece 1) and stitch the next color. Remove the hoop and trim around the design leaving a 1/4 inch seam allowance outside the stitching.



Place your second piece of fabric in the hoop, making sure it is big enough to cover the area required (piece 2).



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Turn it back so that the edge matches the edge of the No1 fabric, and stitch the next color change. It will sew the seam between the two fabrics.



Flip the fabric into place, and finger press firmly along the seam.



Stitch the next color change. This will hold the fabric in place. Trim around the piece leaving a 1/4 inch seam allowance.



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Continue in this method following the sequence of the diagram matching fabrics to raw edges of already stitched pieces.

When the design is completed, cut out of the stabilizer and add edging or sashing to use in quilts and other projects



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